



Instructions

1. All health checks are conducted by prior appointment only.
2. The entire checkup takes around 5-6 hours depending on the package. Packages having Pap smear test will be dispatched after 3 days.
3. Please contact health checkup department prior for appointment on 8108108185 or 022 40543100 (8.00am - 4.00pm).
4. Eye lenses, if any, should be removed before coming for checkup.
5. You are advised to wear loose and comfortable clothing. Remove jewelry before coming for health checkup.
6. Kindly carry all your medicines on the day of appointment.
7. Kindly bring along previous medical records, if any. Also bring any hearing aids, visual aids like spectacles or any other aids that you use.
8. Any additional investigations or consultation will be done only after prior appointment.
9. Additional tests, investigations or consultation can be conducted on request or requirement, but they will be billed in addition to the cost of your health check package.
10. For Cardiac, Diabetic, and Executive Health Check-Up either TMT or ECHO will be done based on advice.
11. Please come on an empty Stomach with overnight fasting of 10 to 12 hrs. However, you are advised to have 2-3 glasses of plain water, to enable a full bladder to facilitate an ultra sound.
12. Light dinner on the previous night is recommended and avoids alcohol 3 days prior to the health checkup.
13. A small stool and urine sample should be brought in the sterilized containers which are readily available in medical stores, Wockhardt Health Check Center or Wockhardt Hospital Lab.
14. Jogging shoes are preferable for the Tread Mill Test.
15. Company sponsored clients are requested to carry referral letter along with company ID proof.
16. Men are requested to shave their chest to ensure a good ECG/Tread Mill Test. However if not done, it will be done at the hospital.
17. For females: The Hospital shall not conduct certain investigations like X-ray for pregnant women. PAP smear test cannot be done during menstruation. Mammography is not advised below age of 40 years unless having history of breast cancer. However, USG breast will be done below 40 years.
18. No other test/consultation can be substituted with other test or any other person. Add on package:
 1. Package 1 – Vitamin profile: Vitamin B12, Vitamin D3, TSH, Calcium at Rs.2700/-.
 2. Package 2 – STD: HIV, Australian Antigen HbsAg, HCV, RPR at Rs. 1780/-.
 3. Package 3 – Extended Lipid Profile :-
Apolipoprotein A1, Apolipoprotein B, Apo A1/Apo B Ratio,
Homocystein at Rs. 2300/-.
 4. Package 4 – Mammography can be included in any health check-up at additional cost of Rs. 1500/-.Breakfast will be provided in all packages.
Breakfast and Lunch will be provided in Executive, Senior Citizen and Premium Health CheckUp.